



centering prayer intensive retreat

January 18-25, 2019
8-Day Silent Retreat

Come taste the silence of prayer with other contemplative companions and rest in the stillness, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

The retreat offers three tracks simultaneously. You choose the track that works best for you. The Intensive I and Intensive II tracks will include 3 sets of three 20 minute periods of Centering Prayer daily, with an in-depth look at the Spiritual Journey, using talks given by Fr. Thomas

Keating. Intensive I is for those new to the Spiritual Journey series. The talks for Intensive II are a further look at the depth of the spiritual journey. The Post Intensive track (*normally for those who have previously participated in one or more Intensive Retreats*) will have additional time for Centering Prayer and no group educational time.

Between the opening and closing, we will be in silence. A daily contemplative Eucharist will be offered, as well as optional individual meetings with the staff.

Presented by
Contemplative Outreach of
Sacramento/Stockton Area

The retreat will be facilitated by **Susan Turpin, Marty Badgett, and Fr. Bill Sheehan, OMI**. Susan, Marty, and Fr. Bill have served within the Contemplative Outreach network for many years and led many Centering Prayer retreats and workshops.

An established practice of Centering Prayer for six months or longer is strongly suggested.

Retreat begins Friday, January 18th with registration from 3:00 to 6:00; dinner @ 6:15; ends Friday, January 25th after lunch.

For more information, contact Susan Turpin at 209-351-1726 or email at slturpin@me.com or Marty Badgett at 650-862-5451 or email at mbadgettexas@gmail.com.

REGISTRATION FORM

8-Day Silent Centering Prayer Retreat - January 18-25, 2019

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
_____ Visa _____ MC Exp _____

\$575 resident (\$75 non-refundable deposit)



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at www.mercycenter.org