



centering prayer intensive retreat

January 9-17, 2020

9-Day Silent Retreat

Come rest in the stillness of prayer with other contemplative companions, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

This retreat offers three tracks simultaneously. You choose the track that works best for you. All tracks include 3 sets of three 20 minute periods of Centering Prayer daily. Intensive I and II view recorded talks from *The Spiritual Journey*, a 5-part series of talks by Thomas Keating.

Intensive I views selected talks from Parts 2 and 3. Intensive II views talks from Parts 3, 4, and 5. The Post Intensive Track, *normally for those who have previously participated in two or more Intensive Retreats*, will have additional sessions of Centering Prayer and no group education time.

A daily contemplative Eucharist will be offered, as well as optional individual meetings with the staff. Throughout the retreat, we will be in silence.

Presented by
Contemplative Outreach of
Sacramento/Stockton Area

The retreat will be facilitated by **Susan Turpin, Marty Badgett, and Fr. Bill Sheehan, OMI**. Susan, Marty, and Fr. Bill have served within the Contemplative Outreach network for many years and led many Centering Prayer retreats and workshops.

An established practice of Centering Prayer for six months or longer is strongly suggested.

Retreat begins Thursday, January 9th with registration from 3:00 to 5:30; dinner @ 6:00; ends Friday, January 17th after breakfast.

For more information, contact Susan Turpin at 209-351-1726 or email at slturpin@me.com or Marty Badgett at 650-862-5451 or email at mbadgettexas@gmail.com.

REGISTRATION FORM

9-Day Silent Centering Prayer Retreat - January 9-17, 2020

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____

___ Visa ___ Mastercard ___ Amex Exp. Date _____ CID _____

\$650 resident (\$75 non-refundable deposit)



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at www.mercycenter.org