

Dream Workshop

facilitated by Diana Francis Metzler, RSM
and Katherine Getchell

August 17, 2019

9:00 to 3:00pm

\$35 (lunch included) (non-refundable)

Socrates once stated, “The unexamined life is not worth living.” Dreams are a part of our lives. Take this one-day retreat/workshop as an opportunity to explore this part of your life and discover the benefits of mining the riches of your dreams in and through sharing dreams with others. You will find a new part of your life worth living awaiting you.



Sr. Diana Francis is a spiritual guide/director. She has her Masters of Arts degree in Spiritual Guidance from Sofia University in Palo Alto. She is trained as a group facilitator and has worked with dream groups and monthly spiritual guidance groups. Sr. Diana’s dream work approach is modeled after the Jungian approach and theory used by dream work guru Jeremy Taylor, an ordained Unitarian Universalist minister who has himself blended the values of spirituality with a social consciousness and a Jungian perspective.

Katherine Getchell is a Holistic Practitioner and Coach in the Sacramento Region and Bay Area. She specializes in Dreamwork as a facilitator certified by Jeremy Taylor, and does consulting with groups and private clients.

REGISTRATION

EXPLORING THE BENEFITS OF DREAM SAHRING
AUGUST 17, 2019

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
____ Visa ____ Mastercard ____ Amex Exp. Date _____ CID _____

\$35 (includes lunch) (non-refundable)



Mail with deposit to: **Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603** ▪ 530-887-2019
You may also call with a credit card number or register online at www.mercycenter.org