

Centering Prayer

Join Us VIRTUALLY from Home or at Mercy Center

*"Be still and know
that I am God."
-Psalm 46:10*

9 - Day Silent Advanced and Post Intensive Retreat

September 24 – October 2, 2020

Come rest in the stillness of prayer with other contemplative companions, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

This retreat will be offered online, using Zoom. Everyone will participate in prayer, videos, and group sessions on Zoom. You may reside at the Mercy Center as an individual retreatant or in your own home or other lodging.

This retreat offers two tracks simultaneously: Advanced Intensive and Post Intensive. You choose the track that works best for you. Centering Prayer periods for both tracks will be 30 minutes. Advanced Intensive will watch 30 minute videos. Post Intensive has no videos and two additional periods of Centering Prayer.

Lectio Divina and a contemplative service will be offered daily, as well as optional individual meetings with the staff. Throughout the retreat, we will be in silence

Pre-requisite: Prior attendance at an 8-10 day Centering Prayer Intensive Retreat.

The retreat will be facilitated by Susan Turpin, Leslee Terpay, and Fr. Bill Sheehan, OMI. Susan, Leslee, and Fr. Bill have served within the Contemplative Outreach network for many years and led many Centering Prayer retreats and workshops.

Retreat begins Thursday, September 24th with check-in starting at 5:00pm; orientation at 7:00pm; ends Friday, October 2nd after lunch.

For more information, contact Susan Turpin at 541-324-1207 or slturpin@me.com or Leslee Terpay at (720) 315-8120 or co-leslee@comcast.net.



*Sponsored by
Contemplative Outreach*

REGISTRATION FORM

9-Day Silent Advanced and Post Intensive Centering Prayer Retreat - September 24-October 2, 2020

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
____ Visa ____ Mastercard ____ Amex Exp. Date _____ CID _____

\$650 resident (\$75 non-refundable deposit) Your Choice of \$350 - \$650 non-resident (\$75 non-refundable deposit)



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at www.mercycenter.org

Centering Prayer Advanced Intensive / Post Intensive Schedule DRAFT

Opening Night -Thursday

5:00 pm Greetings and check in

6:00 pm Supper with talking

7:00 pm Opening and Orientation - Entry into the Grand Silence

Friday, Saturday, Sunday, Tuesday, and Wednesday

6:30 am Two 30-minute periods of Centering Prayer

7:45 am Breakfast

9:00 am Conference/Video [Advanced]

10:00 am One 30-minute period of Centering Prayer [Post]

10:45 am Two 30-minute periods of Centering Prayer

12:00 pm Lunch Optional - listen to reading from *Consenting to God as God Is*

12:45-2:15 pm Individual conversations with staff

2:30 pm Conference/Video [Advanced]

3:30 pm One 30-minute period of Centering Prayer [Post]

4:15 pm Two 30-minute periods of Centering Prayer

5:30 pm Supper

7:00 pm Lectio Divina / Contemplative Service

Monday - Hermit Day

This is a day to retreat from the retreat. It will follow a normal prayer schedule but everything is optional. There will be no videos and no individual conversations with staff, but staff is available.

6:30 am Two 30-minute periods of Centering Prayer

7:45 am Breakfast

10:00 am One 30-minute period of Centering Prayer [Post]

10:45 am Two 30-minute periods of Centering Prayer

12:00 pm Lunch

3:30 pm One 30-minute period of Centering Prayer [Post]

4:15 pm Two 30-minute periods of Centering Prayer

5:30 pm Supper

7:00 pm Lectio Divina / Contemplative Service

Thursday

6:30 am Two 30-minute periods of Centering Prayer

7:45 am Breakfast

9:00 am Conference/Video [Advanced]

10:45 am Two 30-minute periods of Centering Prayer

12:00 pm Lunch Optional - listen to reading from *Consenting to God as God Is*

12:45-3:15 pm Individual conversations with staff

3:45 pm Conference/Video [Advanced]

4:45 pm One 30-minute periods of Centering Prayer

5:30 pm Supper

7:00 pm Lectio Divina / Contemplative Service - Resume eye contact

Centering Prayer Advanced Intensive / Post Intensive Schedule **DRAFT**

Closing Day / Friday

6:30 am Two 30-minute periods of Centering Prayer
7:45 am Breakfast
9:30 am Closing session
11:30 am One 30-minute period of Centering Prayer
12:00 pm Lunch with talking

Each video session is followed by an optional 15 minute discussion.

Conference/Videos for Advanced Intensive Retreat

Friday:	AM	Levels of Awareness
	PM	The Psychological Experience of Centering Prayer
Saturday:	AM	God is Love, Intro and Prologue
	PM	God is Love, Cosmology
Sunday:	AM	God is Love, Human Evolution
	PM	God is Love, Christ, Evolution and Religion
Tuesday:	AM	God is Love, Christ Evolution and All Creation
	PM	God is Love, Into Unity Consciousness
Wednesday:	AM	God is Love, Playing with God
	PM	God is Love, Silence and Centering Prayer
Thursday:	AM	God is Love, Surrendering to Love
	PM	God is Love, A Word About Service
Friday:		At Closing — God is Love, A Blessing