

## Departing Mercy Center

Generally, bedrooms must be vacated by noon on the day of departure. Occasionally, it may be necessary to vacate earlier if another group is arriving that day. You will be notified of this when you check-in. Remove linens from the bed, collect used towels and place them in designated hampers. Please turn off the heat or air conditioning in your bedroom and close the window. Return all keys.

## Driving Directions

From Folsom: Take Auburn-Folsom Road east to Auburn. Turn right onto Sacramento Street.

From Sacramento or San Francisco: Take I-80 East towards Reno. Exit at Newcastle Road. Proceed straight through stoplight and continue about 2.5 miles to stop light. Turn left onto Auburn-Folsom Road and then turn right at 2nd light onto Sacramento Street.

From Sacramento International Airport: Take I-5 South (Los Angeles) to I-80 East towards Reno, then follow directions above.

From Reno/Lake Tahoe: Take I-80 West to Highway 49 Grass Valley/Placerville exit. Bear right onto Highway 49. Turn right onto Lincoln Way. Proceed to next light, and turn left onto Auburn-Folsom Road. Go through 3 lights (about 1.5 miles) and then turn left onto Sacramento Street.

From Grass Valley/Nevada City: Take Highway 49 through Auburn to the intersection at Lincoln Way. Turn right onto Lincoln Way. At next light, turn left onto Auburn-Folsom Road. Go through 3 lights, then turn left onto Sacramento Street.

From Placerville: Take Highway 49 through Coloma, Cool and into Auburn. As you come up from the canyon into Auburn, stay straight and go under the train bridge. Stay in the left lane and follow High Street through downtown until it intersects with Auburn Folsom Road. Turn left onto Auburn-Folsom Road. Go to third light and then turn left onto Sacramento Street.



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## MERCY CENTER AUBURN

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Mercy Center Auburn is sponsored by the  
Sisters of Mercy of the Americas,  
West Midwest Community

## GUIDELINES FOR GUESTS

# Guest Guidelines

## Bedrooms

All bedrooms are single-occupancy with either a single or double bed, a sink, desk, wardrobe, and chair. Towels, sheets, and pillows are provided. Guests are asked to make their beds upon arrival and remove used linens and place them in designated hampers before departing. If an extra blanket or pillow is desired, guests are encouraged to bring their own. If you wish to request a room on the ground floor and/or close to the restrooms, please let us know prior to your arrival. We will do our best to accommodate you. We do not have an elevator to the second floor.

## Check-In/Office Hours

Our administrative offices are open from 7:30am to 5:00pm Monday thru Friday and 7:30am to 3:00pm on Saturday. Guests must check-in by 4:00pm on their arrival day. Special arrangements must be made in advance to arrive outside of our regular office hours.

## Security System

The Center has a keypad security system that works on four exterior doors. You will be given a 4-digit code when you arrive.

## Bedroom Keys

We do not typically provide keys to our bedrooms, however, individual bedroom keys are available upon request.

## Restrooms/Showers

Communal/single-gender restrooms/showers are available on each floor.

# Mercy Center Auburn

*Where beauty, tranquility and hospitality create sacred space for spiritual renewal and provides the setting for meaningful reflection, dialogue and learning.*

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## Food

Our dietary department is committed to serving delicious, healthy food and strives to offer daily choices for people with a variety of dietary needs. Vegetarian meals are available if requested prior to your arrival. We cannot support very specific individual dietary needs, so if you have a food allergy or intolerance, you are welcome to supplement your meals by bringing some of your own food items. We have a refrigerator and microwave available for guest use. Meal times are breakfast (7:30-9:00am); lunch (12:00pm); dinner (5:15pm).

## Tobacco-Free Environment Policy

The Sisters of Mercy West Midwest Community campuses have adopted a tobacco-free environment, which is in compliance with applicable federal and state laws. Sisters of Mercy West Midwest is committed to providing a safe and healthy environment and to promoting the health and well-being of all who visit our campus. The Tobacco Free Environment Policy is in effect 24 hours per day, 7 days a week.

## Cell Phones/Computers

To maintain the quiet, prayerful atmosphere of the Center, we ask guests to refrain from cell phone use in and around the Center. Wireless internet is available throughout the Center.

## Fragrances

Please help us accommodate our guests who are sensitive to perfumed fragrances and other scented products by refraining from the use of these products during your stay at the Center.

## Massage

If you would like to schedule a massage during your stay here at Mercy Center, we are pleased to offer massage services by Robin Hagen, a California certified massage therapist. You may contact Robin Hagen directly at 530-830-2677.

## Parking

Upon entering Gate #2, guest parking lots are located adjacent to Mercy Center. Both upper and lower lots are for guest use. Signs will direct you to these lots. There is a 10-minute unloading zone next to the main registration door. Handicapped parking is designated.