



ONLINE  
retreat offering

## *What if You Began to Say... YES!*

A look at the many ways God speaks  
to us and our call to respond.

Can't make Mercy Center's day offering of this retreat? *Mercy Center* is pleased to partner with *Retreat, Reflect, Renew* to offer you this reflective retreat in a four-week *online* program!



October 7, 2019 - November 1, 2019



Every day is a gift from God and an invitation to respond to God with a resounding "yes!" Do you feel as if there is a "yes" inside of you waiting to be unleashed? Or maybe a gentle nudge from within telling you there is more out there to learn about, grow into and embrace? In this four-week online retreat you will...

- Be invited to slow down from the loudness of the world
- Learn how to be more attentive to the voice of God within your mind, body and soul.
- Discover new prayer practices.
- Empower yourself with new decision-making practices.

You will receive three emails a week. Each email contains a reflection and safe and encouraging space in which to share. Participants usually spend between 15-30 minutes reading and sharing with each reflection.

**COST: \$40**

(receive a \$10 discount by using coupon code)

**MercyCenterAuburn**

**TO REGISTER VISIT:**

<http://retreatreflectrenew.org/online-retreat>  
For Questions: [Christine@RetreatReflectRenew.org](mailto:Christine@RetreatReflectRenew.org)