

CULTIVATING *a day of prayer* A GRATEFUL HEART

Saturday, November 19, 2022 (9:00am to 3:00pm)
facilitated by Katherine Doyle, RSM

It is said that gratitude is the seed bed of joy. It frees the heart from expectations, opens the spirit to surprise and quenches the impulse to violence. This day of prayer invites participants to reflect upon the experience of gratitude in their lives, explore ways in which gratitude can be an ongoing stance of life, and share together the celebration of a Ritual of Gratitude.



Sr. Katherine Doyle, RSM is a member of the Sisters of Mercy. Trained in history and spirituality, she is a Spiritual Director, and has ministered in education, faith formation and retreat ministries, formerly serving as the Director of Catholic Faith Formation in the Diocese of Sacramento, Principal of Bishop Manogue High School, and Director of Mercy Center Auburn.



REGISTRATION - CULTIVATING A GRATEFUL HEART - NOVEMBER 19, 2022

Name: _____ Phone: _____
Address: _____ City/Zip: _____
Email: _____ Credit Card # _____
_____ Visa _____ Mastercard _____ Amex Exp. Date _____ CID _____

COST: \$40 (includes lunch)



Mail with deposit to: **Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603** ▪ 530-887-2019
You may also call with a credit card number or register online at www.mercycenter.org