SOULCOLLAGE® 2020 VIRTUAL monthly gathering

facilitated by Joan Stockbridge, *a trained SoulCollage® facilitator* 1:00pm to 3:00pm

Cost: \$20 per session (suggested contribution)

SoulCollage[®] as a depth practice allows us to ground ourselves, examine our blindspots, uncover our strengths, and access deep sources of wisdom and meaning. It is a practice that can enhance balance, courage, hope and compassion.

Join us for a two hour session each month, which will consist of brief focused teaching on an aspect of SoulCollage®, thematic guided exercises, and facilitated sharing. We will not use the Zoom sessions themselves for cardmaking; have your cards or a stack of images available for your use during the sessions. A journal or paper and pen will also be helpful. Regular attendance isn't necessary; come as you can, but you need to register in advance in order to receive the Zoom link. Visit Mercy Center's website to register.

- August 17 (Facing Adversity)
- September 21 (Finding Courage)
- October 19 (Accessing Existential Hope)
- November 16 (The Heroic Journey)
- December 14 (Gratitude Always)



REGISTRATION - Monthly SoulCollage© Sharing of Graces (1:00pm to 3:00pm)	
Name:	Phone:
Address:	City/Zip:
Email:	
Credit Card #	VisaMastercardAmex Exp. DateCID
Cost: □ \$20 suggested contribution	n What date(s) will you attend?
Send registration to: N	Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019

or register online at www.mercycenter.org