## FACULTY/STAFF RETREAT

## the SPIRITUALITY of TEACHING IT'S ALL ABOUT RELATIONSHIPS!



9:00am to 3:00pm Cost: \$40 *(includes lunch)* 

Yes, I will console any creature before me

that is not laughing or full of passion for

beauty and joy—is our heart's truth, all

else is labor and foreign to the soul.

(St. Francis of Assisi)

their art or life; for laughing and passion—

Relationships are both stumbling block and strength for the well-being of our souls, our families, our communities and workplaces. During this one-day retreat, we will discover and apply the spiritual tools and insights that promote healthy relationships. Through prayer, quiet, and shared reflection, this day will invite participants to respond more deeply from the presence of God working in and through their lives that gives witness to the relationships they tend and cultivate.

## Facilitated By Mercy Center Staff

**Colleen Gregg, MA,** is Director of Mercy Center Auburn, and serves as spiritual director, supervisor, retreat facilitator, and program coordinator. She has been involved in retreat ministry for over 20 years. Colleen holds a Master's degree in Pastoral Theology and received her spiritual direction and supervision certifications from the Institute of Spiritual Direction at Mercy Center Burlingame.

