

Centering Prayer

9 - Day Silent Intensive I & Post-Intensive Retreat

"Be still and know that I am God."
-Psalm 46:10

March 15 - March 23, 2023

Sponsored by Contemplative Outreach

Come rest in the stillness of prayer with other contemplative companions, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

This retreat offers two tracks simultaneously: Intensive I and Post Intensive. You choose the track that works best for you. For everyone, there will be 3 sets of two 30 minute periods of Centering Prayer daily. The Intensive I retreat will watch video talks from Fr. Thomas Keating's Spiritual Journey,

focusing on "The Human Condition and the Spiritual Journey". The Post Intensive retreat has no videos and an additional hour of Centering Prayer each day.

Lectio Divina and a contemplative Eucharist will be offered daily, as well as optional soul-friending with the staff. Throughout the retreat, we will be in silence.

- ♦ **Pre-requisite:** A daily practice of centering prayer for 6 months or longer.

The retreat will be facilitated by Susan Turpin, Fr. Bill Sheehan, OMI, and Marty Badgett. Susan, Marty, and Fr. Bill have served within the Contemplative Outreach network for many years and led many Centering Prayer retreats and workshops.

The Retreat begins Wednesday, March 15 with registration from 3:00 to 5:00, an opening session at 5:00pm, and dinner at 6:00pm. We end on Thursday, March 23 at 11:00am (lunch optional).

For more information, contact Susan Turpin at 541-324-1207 or email her at slturpin@me.com.

REGISTRATION FORM

9-Day Silent Intensive I & Post-Intensive Centering Prayer Retreat - March 15 - March 23, 2023

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____

____ Visa ____ Mastercard ____ Amex Exp. Date ____ CID ____

☐ \$750 resident (\$75 non-refundable deposit)



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or register online at www.mercycenter.org