

# Centering Prayer

## 9 - Day Silent Intensive II & Post Intensive Retreat

*“Be still and know  
that I am God.”*

*-Psalm 46:10*

November 29 - December 7, 2023

*Sponsored by Contemplative Outreach*

Come rest in the stillness of prayer with other contemplative companions, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

This retreat is a continuation of the Intensive I retreat offered in the spring, and offers two tracks simultaneously: Intensive II and Post Intensive. You choose the track that works best for you. For everyone, there will be 3 sets of two 30 minute periods of Centering Prayer daily. Intensive II will watch video talks

from Fr. Thomas Keating's Spiritual Journey, focusing on "Divine Love: The Heart of the Christian Spiritual Journey". The Post Intensive has no videos and an additional hour of Centering Prayer each day.

Lectio Divina and a contemplative Eucharist will be offered daily, as well as optional soul-friending with the staff. Throughout the retreat, we will be in silence.

**Pre-requisite:** Prior attendance at an 8-10 day Intensive I Retreat (*offered in March*) OR read the following 3 books by Thomas Keating:

- ◆ Open Mind Open Heart
- ◆ The Human Condition
- ◆ Invitation to Love

The retreat will be facilitated by Susan Turpin, Peter Morgan, and Fr. Bill Sheehan, OMI. Susan, Peter, and Fr. Bill have served within the Contemplative Outreach network for many years and have led many Centering Prayer retreats and workshops.

The retreat begins Wednesday, November 29 with registration from 3:00 to 5:00, an opening session at 5:00pm, and dinner at 6:00pm. We end on Thursday, December 7 at 11:00am (lunch optional).

For more information, contact Susan Turpin at 541-324-1207 or [slturpin@me.com](mailto:slturpin@me.com)

*\*All guests are required to provide proof of vaccination.*

### REGISTRATION FORM

9-Day Silent Intensive II & Post Intensive Centering Prayer Retreat - November 29 - December 7, 2023

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Credit Card \_\_\_\_\_

\$750 resident (\$75 non-refundable deposit)    \_\_\_ Visa    \_\_\_ Mastercard    \_\_\_ Amex    Exp. Date \_\_\_\_\_    CID \_\_\_\_\_



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