

Centering Prayer

9 - Day Silent Intensive II & Post Intensive Retreat

*"Be still and know
that I am God."
-Psalm 46:10*

October 13 - October 21, 2021

Sponsored by Contemplative Outreach

Come rest in the stillness of prayer with other contemplative companions, away from the busyness of daily life, and allow the mind, body, and spirit to surrender to God's presence and action within.

At the time of the retreat, we will adapt to circumstances as needed. We are prepared to offer this retreat either online or residentially at the Mercy Center.

This retreat offers two tracks simultaneously: Intensive II and Post Intensive. You choose the track that works best for you. For everyone, there will be 3 sets of two 30 minute periods

of Centering Prayer daily. Intensive II will watch video talks from Fr. Thomas Keating's Spiritual Journey, focusing on "Divine Love: The Heart of the Christian Spiritual Journey". The Post Intensive has no videos and an additional hour of Centering Prayer each day.

Lectio Divina and a contemplative service will be offered daily, as well as optional individual meetings with the staff. Throughout the retreat, we will be in silence.

Pre-requisite: Prior attendance at an 8-10 day Intensive I Retreat (*offered in March*) OR read the following 3 books by Thomas Keating:

- ◆ Open Mind Open Heart
- ◆ The Human Condition
- ◆ Invitation to Love

The retreat will be facilitated by Susan Turpin, Marty Badgett, and Fr. Bill Sheehan, OMI. Susan, Marty, and Fr. Bill have served within the Contemplative Outreach network for many years and have led many Centering Prayer retreats and workshops.

Retreat begins Wednesday, October 13th with registration from 3:00 to 5:30; dinner at 5:30pm; ends Thursday, October 21st after lunch.

For more information, contact Susan Turpin at 541-324-1207 or slturpin@me.com

REGISTRATION FORM

9-Day Silent Intensive II & Post Intensive Centering Prayer Retreat - October 13 - October 21, 2021

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
_____ Visa _____ Mastercard _____ Amex Exp. Date _____ CID _____

- \$650 resident (\$75 non-refundable deposit) \$350 non-resident (for virtual platform if necessary) (\$75 non-refundable deposit)



Mercy Center Auburn • 535 Sacramento Street • Auburn, CA 95603 • 530-887-2019
or register online at www.mercycenter.org