

# DIANA FRANCES METZLER, RSM MSG



**Sr. Diana Francis** is a Spiritual Director, a member of Auburn's Mercy Retreat Center staff, and one of many Sisters of Mercy of the Americas. As a spiritual director and retreat director, it is her ministry and mission to accompany individuals to a more mindful, aware, and whole life while encouraging their own understanding and discovery of the voice and overwhelming love of the Sacred Presence.

Sr. Diana's early ministry of teaching middle school and high school students for over 26 years strengthened her ability to create strong connections with people using patience, listening, openness, and compassion. Her sixty-two years of nightly dreams, and the vivid-crazy-wonderful dreams of her family, students, and the ones who now come to speak of their journeys, are the ultimate ministry of her life.

Sr. Diana's initial academic achievements culminated in receiving a BA in English Literature and Composition, followed by training as a secondary school teacher. Her great second awakening came in 2013, when she achieved her Masters in Spiritual Guidance at Sophia University in Palo Alto, California, published her thesis on spiritual direction, and spent years studying and learning from dream work masters like Reverend Jeremy Taylor, Robert Moss, Alberto Villoldo, and her mother, as well as hearing numerous dreams of others.