

Mercy Center Year-End Silent Retreat
December 28 –January 1, 2022

facilitated by John Ensign & Colleen Gregg



Releasing the Old – Welcoming the New
A Time for Reflection

**All guests are required to provide proof of vaccination.*

In this season of the birth of *Light into the World*, these retreat days will be a time to pause and ponder God's invitation for newness and growth in the year ahead.

The retreat offers daily individual spiritual direction and will focus on hearing God's voice in the stillness through silent reflection, journaling, soul collage and imagination engagement with scripture.

*Retreat begins Tuesday, December 28th with dinner at 6:00pm.
Retreat ends Saturday January 1st following brunch.*

JOHN ENSIGN, PHD is a clinical psychologist and Jungian analyst. He holds a Master's degree in Theology and is a spiritual director with a background in Ignatian spirituality and the contemplative tradition

COLLEEN GREGG, MA is Director of Mercy Center Auburn, and serves as spiritual director, supervisor, retreat facilitator, and program coordinator. She has been involved in retreat ministry for over 25 years. Colleen holds a Master's degree in Pastoral Theology and received her spiritual direction and supervision certifications from the Institute of Spiritual Direction at Mercy Center Burlingame

YEAR-END SILENT RETREAT

Facilitators: John Ensign & Colleen Gregg

Name: _____ Phone: _____

Address: _____ City/Zip: _____

Email: _____ Credit Card _____
____ Visa ____ Mastercard ____ Amex Exp. Date _____ CID _____

COST: \$295.00 (\$75 non-refundable deposit)



Mail with deposit to: **Mercy Center Auburn, 535 Sacramento Street, Auburn, CA 95603 • 530-887-2019**

You may also call with a credit card number or register online at www.mercycenter.org